

EMERGING ADULT WOMEN'S

Sober Curious

weekly psychotherapy
process group

FACILITATED BY
DR. DEBBIE STERN

Who: 21-26 year old women who want to explore their relationship with alcohol, vaping and/or marijuana, and reduce or cease their use, to support their social, emotional and overall well-being.

When: Wednesdays 6:00-6:50pm

Where: Telehealth @
doxy.me/deborahsternpsyd

How: Please direct all referrals to Dr. Stern at **847-598-8225** to set up an intake and determine appropriateness of fit.

Fee: \$65/session, insurance billing provided



Disclaimer: This is not AA, nor a drug/alcohol rehabilitation group